

Outdoor Education Programs for schools

Melbourne and the Yarra Valley



1300 182 077

info@adventurehub.com.au | www.adventurehub.com.au



About us

Adventure Hub is passionate about getting students connected with our natural world, helping them understand the issues facing the environment and what effect their choices are having, whilst having a fun adventure.

Our aim is to share the simple pleasures of life, which the world of nature affords through adventure challenges and self-discovery. Adventure Hub prides itself in having a diverse team of guides and support staff who are dedicated and passionate about ensuring adventures are safe and enjoyable for school groups.

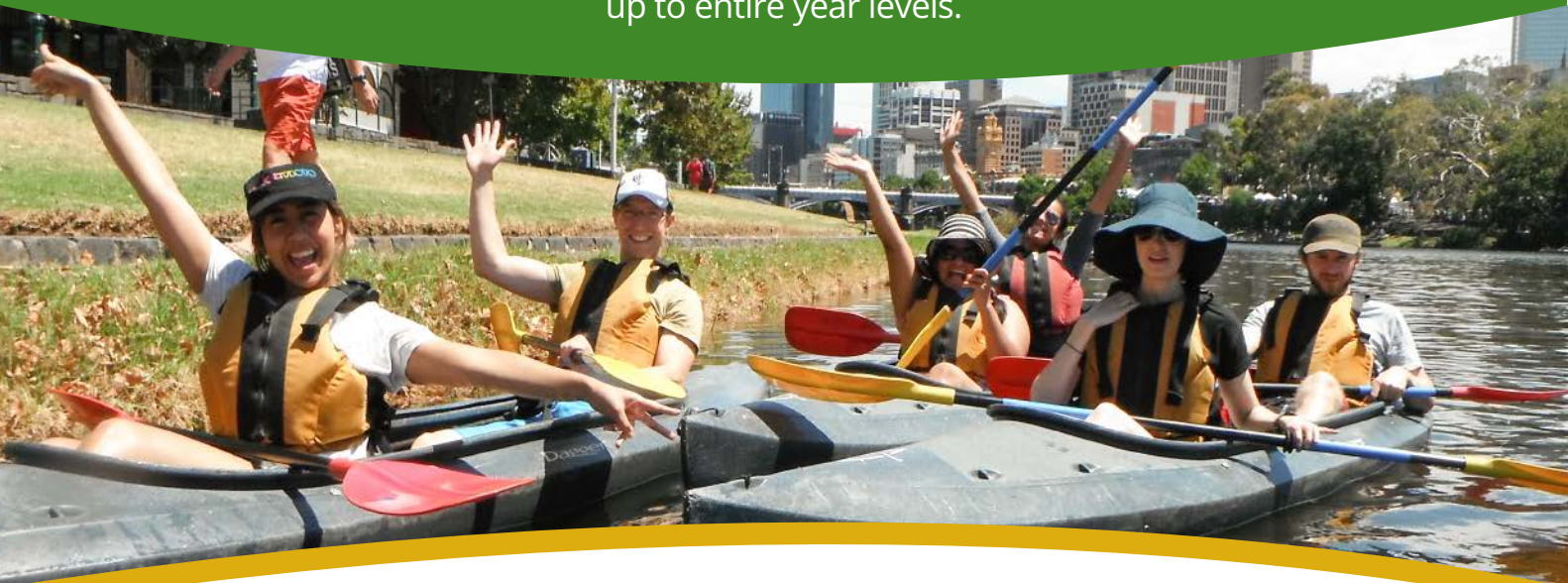
7 reasons to book with us

- You can count on a 100% safety record
- Adventure Hub has programs available in several locations around Australia allowing different options available for each year level
- We will take the time to find out how this program fits within your curriculum in order to design a program that students get maximum learning experience from whilst remaining fully engaged in the pure joy of their experience
- You will have the choice of a huge range of adventures, also transport, catering and accommodation can be organised as part of the package
- Choose from a single activity day with time for exploration and further education or an action-packed double activity adventure day or extend this to our signature multi activity adventure camps
- Staffing numbers are based on the correct ratios in accordance with the Australian Activity Standards (AAS)
- Adventure Hub staff are passionate about the environment and bring this into each of the programs we have available

Multi Adventure Camp

There are many multi adventure camp options to fit within your budget, curriculum and timeframe. We can simply run day activities for you or organise the entire camp including catering, transport, night-time activities, accommodation and equipment hire.

There are several camps we work with around Melbourne and the Yarra Valley. These locations are ideal as they allow students to do a huge variety of adventures all within a short period of time, offering excellent value for money. This is available for a single class up to entire year levels.



This camp is typically run between 2 and 5 days with 4 to 10 activities in that time. It is very easy to swap different activities to fit your budget and learning outcomes. The activities available can include:

- White Water Kayaking
- Caving
- Abseiling
- Rock Climbing
- Obstacle Course
- River Sledding
- Leadership Skills
- River Skills
- Mountain Bike Riding
- Bush Survival
- Orienteering
- History Hike or Paddle
- Environmental Hike or Paddle
- Hike (including overnight hike)

What is included:

- Accommodation – Camping or Bunk style options available
- Qualified Outdoor Educators –Adventure Hub staff are all qualified professionals and highly experienced in the various activities and have current First Aid, CPR, Working with Children cards (WWCC).
- All relevant activity specific personal gear and group equipment
- Hire of all specific activity venue sites
- Full Risk Management and Risk Assessment documentation
- Public Liability Insurance
- Emergency vehicles at each activity site
- Emergency communications at each activity site

Optional inclusions:

- Camping Equipment rental
- Transport (to and from school as well as to all activity venues)
- Trailers to transport all personal camping equipment and clothing
- Catering
- Night Activities for the students



Sample 1 - 2-day camp

Would suit 1 to 4 classes with a limited budget

| Day 1 | Class 1 | Class 2 |
|------------------|--|---------------------------|
| 9.00am – 12.00pm | White Water Kayaking | Rock Climbing / Abseiling |
| 1.00pm – 4.00pm | Rock Climbing / Abseiling | White Water Kayaking |
| Evening | Dinner, Shower and night time activities | |
| Day 2 | | |
| 9.00am – 12.00pm | Caving | River Sledding |
| 1.00pm – 4.00pm | River Sledding | Caving |

Sample 2 - 3-day camp

This camp would suit a larger group who have a bit more available in their budget. This example is for 4 classes, but it could be run for up to 6 classes.

| Day 1 | Class 1 | Class 2 | Class 3 | Class 4 |
|------------|---------------------------|---------------------------|---------------------------|---------------------------|
| 9am – 12pm | Rock Climbing / Abseiling | River Skills | Caving | River Sledding |
| 1pm – 4pm | River Skills | Rock Climbing / Abseiling | River Sledding | Caving |
| Day 2 | | | | |
| 9am – 12pm | White Water Kayaking | Bush Survival | Rock Climbing / Abseiling | River Skills |
| 1pm – 4pm | Bush Survival | White Water Kayaking | River Skills | Rock Climbing / Abseiling |
| Day 3 | | | | |
| 9am – 12pm | Caving | River Sledding | White Water Kayaking | Bush Survival |
| 1pm – 4pm | River Sledding | Caving | Bush Survival | White Water Kayaking |



Sample 3 – Full year level camp

This camp would suit a full year level with half the year level coming the first half of the week, then switching on Wednesday with the other half of the year level.

| Mon – Wed | Class A | Class B | Class C | Class D | Class E |
|-----------------|----------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Mon 9am–12pm | Rock Climbing / Abseiling | Bush Survival | River Sledding | Caving | White Water Kayaking |
| Mon 1pm–4pm | White Water Kayaking | Rock Climbing / Abseiling | Bush Survival | River Sledding | Caving |
| Tues 9am – 12pm | Caving | White Water Kayaking | Rock Climbing / Abseiling | Bush Survival | River Sledding |
| Tues 1pm – 4pm | River Sledding | Caving | White Water Kayaking | Rock Climbing / Abseiling | Bush Survival |
| Wed 9am – 12pm | Bush Survival | River Sledding | Caving | White Water Kayaking | Rock Climbing / Abseiling |
| Wed 1pm–4pm | Hike run by teaching staff | | | | |

Wednesday to Friday

| Wed - Fri | Class F | Class G | Class H | Class I | Class J |
|----------------|----------------------------|---------------------------|---------------------------|---------------------------|---------------------------|
| Wed 9am – 12pm | Hike run by teaching staff | | | | |
| Wed 1pm – 4pm | Rock Climbing / Abseiling | Bush Survival | River Sledding | Caving | White Water Kayaking |
| Thu 9am – 12pm | White Water Kayaking | Rock Climbing / Abseiling | Bush Survival | River Sledding | Caving |
| Thu 1pm – 4pm | Caving | White Water Kayaking | Rock Climbing / Abseiling | Bush Survival | River Sledding |
| Fri 9am – 12pm | River Sledding | Caving | White Water Kayaking | Rock Climbing / Abseiling | Bush Survival |
| Fri 1pm – 4pm | Bush Survival | River Sledding | Caving | White Water Kayaking | Rock Climbing / Abseiling |



Adventure Days

Adventure Hub offers a range of Adventure Days which students will absolutely love, whilst giving them an appreciation for their natural world and learning valuable skills which are vital in teamwork and leadership. Please email or call us to get an information sheet on any of these Adventure Days.

White Water Kayaking - This is normally run on the Yarra River throughout Wonga Park, Warrandyte and Templestowe, which all have fantastic grade 1 & 2 beginner rapids. The craft used are two person inflatable kayaks because they are extremely safe, reliable and easy to control.

Caving - We get some of our best feedback from students after Caving. The most common site we use is Yarra Junction because it is very easy to access and we can take slightly bigger numbers there. It is also an extremely safe cave as there are a number of exits and entrances, whilst still being very challenging and tight in some parts. There are also other caves available upon request.

Rock Climbing - There are a number of locations we use for rock climbing including Cathedral Ranges, Werribee Gorge, Brisbane Ranges, You Yangs and Warrandyte, all of which provide a challenging and rewarding experience for individuals as they achieve different levels of skill.

Abseiling - Similar to rock climbing there are a number of locations available for Abseiling including Healesville, Cathedral Ranges, Werribee Gorge, Brisbane Ranges and Warrandyte. We also work with a number of camps and have access to their onsite Abseil Towers.

Orienteering - Run in a variety of locations in parks around Melbourne this activity is designed to keep students engaged in their teams whilst travelling around to various checkpoint stations on a set course. They will learn map reading skills, basic navigation using a compass and have a number of team challenges along the way and riddles to work out together.

River Sledding – Since its introduction in 2016 sledding has fast become one of the most requested adventures we offer. It is a huge amount of fun and is mostly run on the stunning upper Yarra River section of Warburton. It can also be run in Warrandyte and other locations around Victoria. These purpose built craft are perfectly designed for individuals to navigate their way down the small continuous rapids.

Mountain Bike Riding - This Mountain Bike Riding program will give students the skills to ride more challenge terrain such as single trail, over logs, tree roots and around rocks. There are various locations we can use including Warburton, Silvan Reservoir, Lysterfield and the You Yangs.

White Water Rafting - This is the ultimate adventure to get students out into nature, whilst having a fantastic time. We use the Big River, King River or Goulburn River as they are fairly close to Melbourne, while providing some fun rapids. The rafting season in Victoria is normally from July to November.

Leadership Skills - This program consists of a series of team initiative based activity stations that groups rotate through. It includes full activity briefing and debriefing discussions with groups as it has a strong emphasis on creating specific learning outcomes based on the student needs.





Educational Days

Adventure Hub specialises in education focused adventures. Our experiences challenge and empower students to learn about themselves and the environment in an interactive setting. Please email or call us to get an information sheet on any of these Educational Days.

River Skills – Focuses on situations that will confront the students during everyday life when exposed to the potential hazards associated with open water activities. They will learn partly on land and partly in the river, how to read water and assess risk, the correct body position in moving water and how to perform rescues, both by themselves and in a team.

Kayak & River Skills – If you want to give students a fun kayaking experience but have them take away some lifelong skills and knowledge as well, this is perfect for you. During the kayak journey students will stop at certain rapids or other river features to discuss what risks they pose and how to avoid getting into trouble.

River Sledding & River Skills – Just like the program above, students will have a fun adventure and learn some valuable skills about river safety.

Bush Survival – Combine bush walking in a variety of great locations with a series of group initiative activities along the way. Students will learn more about their environment and how to measure and manage risk, as well as developing some basic 1st Aid skills and finishing up with some group bush cooking as they navigate their survival journey through the bush.

History Hike or Paddle – This program combines either hiking or white water kayaking through Warrandyte which is an historical gold discovery site where students will get to learn and experience more than just an adventure activity; they will gain knowledge of the original purpose of these sites in relation to the gold rush era of Warrandyte and get to fully experience them up close and personal.

Environmental Hike or Paddle – There are a few variations to this program which can be designed to meet the schools requirements or curriculum. Mount Donna Buang is an amazing spot for the environmental hike, Warrandyte or Melbourne are perfect spots for the environmental kayak. Each location allows us to discuss topics specific to the location.

Melbourne City Kayak - The Yarra River is an important part of Melbourne history both for the Aboriginal culture and European settlers. Kayaking along the river, stopping at key historical spots and discussing the history of it is a great way for students to get involved. We will also discuss environmental issues facing the river and what students can do to help.

Kayak Clean Up – This is a flat-water paddle, either around Herring Island or other nearby relevant sections of the Yarra River, where students participate in the cleaning up of plastic pollution, whilst kayaking past some significant points in Melbourne’s history and learning about indigenous history, and as well as numerous current environmental issues.

Low Ropes Obstacle Course – There are a number of camps to choose from with challenge obstacle courses to get students working together. This activity works well as a lead in to high ropes courses or rock climbing.





Single Activity Days

We can run any of these activities over a full day. These are designed for schools with a heavier focus on educational outcomes, to allow more time for discussion and learning on our adventure. Some of the benefits include:

- High focus on outdoor education during the activity
- Creates more opportunity for immersion in natural surroundings
- More time spent on environmental education
- Incorporates the history of an area with reference to early settlers and indigenous Australians
- Travelling outside of peak traffic times
- More flexibility for schools to select time spent on activity



Combination Days

You may like the idea of our combination programs and choose to do two activities in a single day. These are designed for schools with more limited resources or who want straight up outdoor adventure experiences.

Some of the benefits include:

- Overall better value for money for schools with a tight budget
- One CRT cost
- One bus cost
- Less time students are out of school
- Second activity at a highly reduced cost

Here are a number of activities that work well together. Please email or call us to get an information sheet on any of these combination days.

- Rock, River, Rescue (Rock Climbing, White Water Kayaking and River Skills)
- White Water Kayaking and Caving
- White Water Kayaking, Rock Climbing and Abseiling
- Caving and River Sledding
- Rock Climbing and Abseiling
- River Sledding and River Skills
- Caving and Bush Survival



Testimonial

“My school has worked closely with the Melbourne Adventure Hub for a variety of programs and have found them to be an excellent company to work with, and one that I would highly recommend to anyone else. An example of this is their work with our whole school year 7 program around the Cape Otway area, ensuring all 160 students achieve a safe and rewarding experience. Melbourne Adventure Hub are extremely professional in their approach to delivering meaning and diverse programs for our school and work closely with staff to achieve all outcomes required”.

Jeff Rieniets - Director of Outdoor Education - Westbourne Grammar School,
Approximately 160 students for 2016 - 2022

“Thank you guys for such a well organised, fun and educational 3 days. I personally enjoyed it and I know my class loved the activities. I thought your instructors were fantastic. They related well to the boys and were clearly experts in their fields as well as fun. The caterers were excellent and the location beautiful and suitable for what we wanted. I can't say enough about how well organised you have been. It has been really easy dealing with everyone at MAH whether by phone or email. We have always been in the loop which has made transferring that info to the kids and staff easy.”

Glen Roberston, Year 9 Phys Ed Coordinator,
Emmanuel College 200 students for 2016 - 2022

“This was my first time using MAH for my Y9 camp, as well as my first time running and organising a camp. Both Darren and Melanie were a pleasure to communicate with; they went above and beyond to support me prepare for the camp, as well as provide extra resources to prepare my students for this exciting camp experience, at an affordable price. They tailor-made the program for my school's needs, providing a variety of fun and engaging adventurous activities. The instructors were fantastic! They demonstrated a wealth of expertise and friendliness throughout the camp experience. Thank you for organising and running such a wonderful camp program. I look forward to working with MAH again very soon”.

Chloe LeMerle, Year 9 Coordinator & PE Teacher,
Albert Park College 2016 - 2022