

# Outdoor Education Programs for schools

Brisbane, Sunshine Coast and Glasshouse  
Mountains



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## About us

Adventure Hub is passionate about getting students connected with our natural world, helping them understand the issues facing the environment and what effect their choices are having, whilst having a fun adventure.

Our aim is to share the simple pleasures of life, which the world of nature affords through adventure challenges and self-discovery. Adventure Hub prides itself in having a diverse team of guides and support staff who are dedicated and passionate about ensuring adventures are safe and enjoyable for school groups.

## 7 reasons to book with us

- You can count on a 100% safety record
- Adventure Hub has programs available in several locations around Australia allowing different options available for each year level
- We will take the time to find out how this program fits within your curriculum in order to design a program that students get maximum learning experience from whilst remaining fully engaged in the pure joy of their experience
- You will have the choice of a huge range of adventures, also transport, catering and accommodation can be organised as part of the package
- Choose from a single activity day with time for exploration and further education or an action-packed double activity adventure day or extend this to our signature multi activity adventure camps
- Staffing numbers are based on the correct ratios in accordance with the Australian Activity Standards (AAS)
- Adventure Hub staff are passionate about the environment and bring this into each of the programs we have available



# Multi Adventure Camp

There are many multi adventure camp options to fit within your budget, curriculum and timeframe. We can simply run day activities for you or organise the entire camp including catering, transport, night-time activities, accommodation and equipment hire.

There are several camps we work with around Brisbane, Sunshine Coast and Glasshouse Mountains. These locations are ideal as they allow students to do a huge variety of adventures all within a short period of time, offering excellent value for money. This is available for a single class up to entire year levels.



This camp is typically run between 2 and 5 days with 4 to 10 activities in that time. It is very easy to swap different activities to fit your budget and learning outcomes. The activities available can include:

- Surfing
- Brisbane City Kayak
- Brisbane Bike Ride
- Abseiling
- Rock Climbing
- Leadership Skills
- Beach Safety
- Stand Up Paddleboard
- Mountain Bike Riding
- Bush Survival
- Low Ropes Obstacle Course
- Environmental Hike, ride or paddle
- Hike (including overnight hike)

## Journey Based Program

The Glasshouse Mountains are the perfect location for a journey based program. We can hike or ride to several different camping and activity locations combining a number of different activities such as Rock Climbing, Abseiling, Canoeing and Bush Survival. There is also the option to catch a train to the Glasshouse Mountains from Brisbane saving the school money and providing a great lesson about sustainable travel.

## What is included:

- Accommodation – Camping or bunk style options available
- Qualified Outdoor Educators –Adventure Hub staff are all qualified professionals who are highly experienced in the various activities and have current First Aid, CPR and Blue Cards.
- All relevant activity specific personal gear and group equipment
- Hire of all specific activity venue sites
- Full Risk Management and Risk Assessment documentation
- Public Liability Insurance
- Emergency vehicles at each activity site
- Emergency communications at each activity site

## Optional inclusions:

- Camping equipment rental
- Transport (to and from school as well as to all activity venues)
- Trailers to transport all personal camping equipment and clothing
- Catering
- Night activities for the students



## Sample 1 - 2-day camp

Would suit 1 to 4 classes with a limited budget

Day 1	Class 1	Class 2
9.00am – 12.00pm	Mountain Bike Riding	Rock Climb & Abseil
1.00pm – 4.00pm	Rock Climb & Abseil	Mountain Bike Riding
Evening	Dinner, Shower and night time activities	
Day 2		
9.00am – 12.00pm	Surfing	Kayaking
1.00pm – 4.00pm	Kayaking	Surfing
4.00pm onwards	Drive back to school	

## Sample 2 - 3-day camp

This camp would suit a larger group who have a bit more available in their budget. This example is for 4 classes, but it could be run for up to 6 classes.

Day 1	Class 1	Class 2	Class 3	Class 4
9am – 12pm	Mountain Bike Riding	Bush Survival	Surfing	Kayaking
1pm – 4pm	Bush Survival	Mountain Bike Riding	Kayaking	Surfing
Day 2				
9am – 12pm	Surfing	Kayaking	Rock Climb / Abseil	Stand Up Paddleboard
1pm – 4pm	Kayaking	Surfing	Stand Up Paddleboard	Rock Climb / Abseil
Day 3				
9am – 12pm	Rock Climb / Abseil	Stand Up Paddleboard	Mountain Bike Riding	Bush Survival
1pm – 4pm	Stand Up Paddleboard	Rock Climb / Abseil	Bush Survival	Mountain Bike Riding



## Sample 3 – Full year level camp

This camp would suit a full year level with half the year level coming the first half of the week, then switching on Wednesday with the other half of the year level.

Mon – Wed	Class A	Class B	Class C	Class D	Class E
Mon 9am–12pm	Mountain Bike Riding	Bush Survival	Surfing	Kayaking	Rock Climb / Abseil
Mon 1pm–4pm	Rock Climb / Abseil	Mountain Bike Riding	Bush Survival	Surfing	Kayaking
Tues 9am – 12pm	Kayaking	Rock Climb / Abseil	Mountain Bike Riding	Bush Survival	Surfing
Tues 1pm – 4pm	Surfing	Kayaking	Rock Climb / Abseil	Mountain Bike Riding	Bush Survival
Wed 9am – 12pm	Bush Survival	Surfing	Kayaking	Rock Climb / Abseil	Mountain Bike Riding
Wed 1pm–4pm	Hike run by teaching staff				

### Wednesday to Friday

Wed - Fri	Class F	Class G	Class H	Class I	Class J
Wed 9am – 12pm	Hike run by teaching staff				
Wed 1pm – 4pm	Mountain Bike Riding	Bush Survival	Surfing	Kayaking	Rock Climb / Abseil
Thu 9am – 12pm	Rock Climb / Abseil	Mountain Bike Riding	Bush Survival	Surfing	Kayaking
Thu 1pm – 4pm	Kayaking	Rock Climb / Abseil	Mountain Bike Riding	Bush Survival	Surfing
Fri 9am – 12pm	Surfing	Kayaking	Rock Climb / Abseil	Mountain Bike Riding	Bush Survival
Fri 1pm – 4pm	Bush Survival	Surfing	Kayaking	Rock Climb / Abseil	Mountain Bike Riding





## Adventure Days

Adventure Hub offers a range of Adventure Days which students will absolutely love, whilst giving them an appreciation for their natural world and learning valuable skills which are vital in teamwork and leadership. Please email or call us to get an information sheet on any of these Adventure Days.

**Brisbane City Kayak** – Kayaking along the Brisbane River allows students to see Brisbane like they have never seen it before. Kayaking along the river, stopping at key historical spots and discussing the history of it is a great way for students to get involved. We also discuss environmental issues facing the river and what students can do to help.

**Brisbane Bike Ride** – Students will see all the sights of Kangaroo Point and South Bank on a guided bike program. They will learn the history, view the natural and urban landscapes and see iconic Brisbane sights up close. All the paths are along dedicated cycleways, to allow maximum enjoyment at minimum risk.

**Surfing** - Conditions at Caloundra, Maroochydore and Noosa have perfect conditions, beautiful clean water, pleasant water temperatures and safe beaches.

**Rock Climbing** - There are several locations we use for rock climbing including Kangaroo Point in Brisbane, the Glasshouse Mountains and the Sunshine Coast, all of which provide a challenging and rewarding experience for individuals as they achieve different levels of skill.



**Abseiling** - Similar to rock climbing, there are a number of locations available for Abseiling including Kangaroo Point in Brisbane, the Glasshouse Mountains and the Sunshine Coast. We also work with a number of camps and have access to their onsite Abseil Towers.

**Mountain Bike Riding** - This Mountain Bike Riding program will give students the skills to ride more challenging terrain such as single trail, over logs, tree roots and around rocks. We use various locations around the Glasshouse Mountains and the Sunshine Coast.

**Stand Up Paddleboard** - The various rivers and lakes on the Sunshine Coast and in the area around the Glasshouse Mountains provide an excellent location for students to experience stand up paddleboarding. They will learn the basic skills and then be taken on a journey around man-made waterways, traveling around small islands and under bridges. We use large boards that are extremely stable.







## Educational Days

Adventure Hub specialises in education focused adventures. Our experiences challenge and empower students to learn about themselves and the environment in an interactive setting. Please email or call us to get an information sheet on any of these Educational Days.

**Low Ropes Obstacle Course** - There are a number of camps to choose from with challenge obstacle courses to get students working together. This activity works well as a lead into high ropes courses or rock climbing.

**Leadership Skills** - This program consists of a series of team initiative based activity stations that groups rotate through. It includes full activity briefing and debriefing discussions with groups as it has a strong emphasis on creating specific learning outcomes based on the student needs.

**Beach Safety** - This beach safety program is perfect to incorporate with a surf or stand up paddleboard session. Students will learn partly on the beach and partly in the water, how to read water and assess risks. These are important skills that will help keep students safe in the future when around open water.



**Bush Survival** - Combine bush walking in a variety of great locations with a series of group initiative activities along the way. Students will learn more about their environment and how to measure and manage risk, as well as developing some basic First Aid skills and finishing up with some group bush cooking as they navigate their survival journey through the bush.

**Environmental Hike, Ride or Paddle** - There are a few variations to this program which can be designed to meet the school requirements or curriculum. There are several locations around the Glasshouse Mountains and the Sunshine Coast. Each location allows us to discuss topics specific to the location.







## Single Activity Days

We can run any of these activities over a full day. These are designed for schools with a heavier focus on educational outcomes, to allow more time for discussion and learning on our adventure. Some of the benefits include:

- High focus on outdoor education during the activity
- Creates more opportunity for immersion in natural surroundings
- More time spent on environmental education
- Incorporates the history of an area with reference to early settlers and Indigenous Australians
- Travelling outside of peak traffic times
- More flexibility for schools to select time spent on activity





## Combination Days

You may like the idea of our combination programs and choose to do two activities in a single day. These are designed for schools with more limited resources or who want straight up outdoor adventure experiences.

### Some of the benefits include:

- Overall better value for money for schools with a tight budget
- One CRT cost
- One bus cost
- Less time students are out of school
- Second activity at a highly reduced cost

Here are a number of activities that work well together. Please email or call us to get an information sheet on any of these combination days.

- Brisbane Rock Climb / Abseil and Bike Ride
- Brisbane Bike Ride and Kayaking
- Brisbane Kayak, Rock Climb and Abseil
- Surfing and Kayaking
- Rock Climb / Abseil and Mountain Bike Ride
- Beach Safety and Surfing
- Rock Climb/Abseil and Bush Survival
- Mountain Bike Ride and Bush Survival



## Testimonial

*“My school has worked closely with the Melbourne Adventure Hub for a variety of programs and have found them to be an excellent company to work with, and one that I would highly recommend to anyone else. An example of this is their work with our whole school year 7 program around the Cape Otway area, ensuring all 160 students achieve a safe and rewarding experience. Melbourne Adventure Hub are extremely professional in their approach to delivering meaning and diverse programs for our school and work closely with staff to achieve all outcomes required”.*

Jeff Rieniets - Director of Outdoor Education - Westbourne Grammar School,  
Approximately 160 students for 2016 - 2022

*“Thank you guys for such a well organised, fun and educational 3 days. I personally enjoyed it and I know my class loved the activities. I thought your instructors were fantastic. They related well to the boys and were clearly experts in their fields as well as fun. The caterers were excellent and the location beautiful and suitable for what we wanted. I can't say enough about how well organised you have been. It has been really easy dealing with everyone at MAH whether by phone or email. We have always been in the loop which has made transferring that info to the kids and staff easy.”*

Glen Roberston, Year 9 Phys Ed Coordinator,  
Emmanuel College 200 students for 2016 - 2022

*“This was my first time using MAH for my Y9 camp, as well as my first time running and organising a camp. Both Darren and Melanie were a pleasure to communicate with; they went above and beyond to support me prepare for the camp, as well as provide extra resources to prepare my students for this exciting camp experience, at an affordable price. They tailor-made the program for my school's needs, providing a variety of fun and engaging adventurous activities. The instructors were fantastic! They demonstrated a wealth of expertise and friendliness throughout the camp experience. Thank you for organising and running such a wonderful camp program. I look forward to working with MAH again very soon”.*

Chloe LeMerle, Year 9 Coordinator & PE Teacher,  
Albert Park College 2016 - 2022